

# Keep Holding On

**Bible Story:** Keep Holding On (Stephen) • Acts 6:1–7:60

**Bottom Line:** Keep going because God knows the end of the story.

**Memory Verse:** *Let us not become tired of doing good. At the right time we will gather a crop if we don't give up.* Galatians 6:9 (NIRV)

**Life App:** Determination—Deciding it's worth it to finish what you started

**Basic Truth:** I can trust God no matter what.

## 4<sup>th</sup> & 5<sup>th</sup> Grade

### Take a Snapshot

**What You Need:** “Scared? Cards” Activity Page

#### What You Do:

- **Read** a “Scared? Card.”
- **Tell** kids to rate how scary the thing or activity on the card is.
- **Explain**, if they think it is . . .
  - Not scary at all – hold up a fist
  - Not scary NOW but it used to be scary – hold up one finger
  - Scary – hold up two fingers
  - So scary you would scream – hold up three fingers (or let kids scream, if you're brave!)
- Potential discussion topics:
  - **Select** a “Scared? Card” that received a lot of “Not scary NOW but it used to be scary” ratings and **ask**: Why isn't *[read one of the cards]* scary anymore?
  - **Allow** kids to suggest things that could be scary and **let** the group rate how scary that thing would be for them.
    - **[Make it Personal]** *(To encourage kids to give personal examples, consider giving an age-appropriate example of something you would rate a two or three.)*
    - Maybe speaking in front of a group of people scares you or maybe your friend was really sick and you were scared because you didn't know when he or she would get better or you had to move to a new town and you didn't know anyone.

**Swimming**

**Diving off a diving board**

**Going to school**

**Climbing in a cave**

**Scary movies**

**Being a goalie in a  
soccer game**

**Singing a solo in front of  
a packed auditorium**

**Inviting your friend  
to church**

**Puppies**

**Spiders**

**A flock of birds flying  
over your head**

**Taking a test**

**Speaking in front of a  
crowd of people**

**Being around people  
who are fighting**