

# MARK

A DEVOTIONAL FOR LENT

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*Week 2 | Rev. Emily Hines*

## Read Mark 2:23 - 5:20

Take notes of your initial observations. What surprised you? What intrigued you? Underline in your Bible or list below the words and phrases that stand out to you.

Weekly Spiritual Discipline: *Rest & Sabbath*

A deep sigh: our souls yearn for rest, yet the world around us swirls and unwinds with or without us, leaving us weary and heavy-laden. Implementing a regular Sabbath can resettle our busy souls and reset our perspectives. Consider taking an afternoon – or a whole day, if you can – to pause, reflect upon the Lord in Scripture and prayer, and to do an activity which feels and refills your weary spirit.

## Read Mark 2:23 - 3:12

Draw or outline the significant events and phrases from these verses:

What do you notice about the characters in these verses? Imagine yourselves in their shoes. What's happening in each person's perspective?

What do you learn about Jesus from these verses?

Is there a phrase or verse that seems applicable to your life's circumstances? Describe the connection.

## Read Mark 3:13-35

Draw or outline the significant events and phrases from these verses:

What do you notice about the characters in these verses? Imagine yourselves in their shoes. What's happening in each person's perspective?

What do you learn about Jesus from these verses?

Is there a phrase or verse that seems applicable to your life's circumstances? Describe the connection.

## Read Mark 4:1-25

Draw or outline the significant events and phrases from these verses:

What do you notice about the characters in these verses? Imagine yourselves in their shoes. What's happening in each person's perspective?

What do you learn about Jesus from these verses?

Is there a phrase or verse that seems applicable to your life's circumstances? Describe the connection.

## Read Mark 4:26-41

Draw or outline the significant events and phrases from these verses:

What do you notice about the characters in these verses? Imagine yourselves in their shoes. What's happening in each person's perspective?

What do you learn about Jesus from these verses?

Is there a phrase or verse that seems applicable to your life's circumstances? Describe the connection.

## Read Mark 5:1-20

Draw or outline the significant events and phrases from these verses:

What do you notice about the characters in these verses? Imagine yourselves in their shoes. What's happening in each person's perspective?

What do you learn about Jesus from these verses?

Is there a phrase or verse that seems applicable to your life's circumstances? Describe the connection.

## Read Mark 2:23 - 5:20

Review your notes for the week. What additional observations would you add?

Now that you have read and studied this week's scriptures three times, what questions do you have now about these verses? What else are you curious about? Discuss with your friends.